Lower incomes add to debt burden

Q4 2020 Debt Index: borrowing increased by 32% to supplement eroding incomes

Cape Town, 4 February 2021: Payment holidays and successive repo rate reductions provided South African consumers significant relief in 2020, but for those reliant on unsecured debt the respite has proved short lived.

This is one of the findings from a quarterly analysis of applications to the country's largest debt counsellor. DebtBusters' Q4 2020 Debt Index, was published today as part of its **National Debt Awareness Month** campaign, aimed to better inform consumers about managing debt. This year's theme is: Get help if you're not coping with debt – it's the responsible thing to do.

The Q4 Debt Index found that real incomes shrunk across all income bands, in some cases by up to 20% compared to 2016 levels.

To some extent, this reduction was temporarily balanced by payment holidays and interest rate cuts. While the combination of these two factors provided relief by reducing the repayments on homes and cars, interest rates for unsecured debt were still around 21%. Since most South African consumers have unsecured debt, they were faced with a debt burden when payments recommenced.

Evidence of this is the share of unsecured debt in the portfolio of consumers who applied for debt counselling. Historically, the share of unsecured debt for debt counselling applicants was under 50%. The proportion of unsecured debt in debt counselling applications spiked to 60% in Q3 2020. This ratio subsequently dropped to 51% in Q4 2020 after payment holidays ended in late Q3.

Other findings from the Q4 2020 Debt Index are:

- Income is declining in real terms and consumers are using unsecured debt to make up the shortfall. Compared to 2016, when DebtBusters began compiling the data, nominal income is 2% lower. When cumulative inflation of 18% is factored in, real income has shrunk by 20% over the four years.
- Across all income bands, unsecured debt is, on average, 32% higher than it
 was in 2016. For those earning R20 000 or more, unsecured debt levels were
 about 45% higher. This is a result of higher earners with greater access to
 unsecured debt using this to offset the erosion of their net income.
- People taking home over R20 000 per month spend 60% of their monthly net income to repay debt. At 130%, their total debt-to-income ratio is the highest it has been in years.

Head of DebtBusters, Benay Sager, says the impact of the lockdowns aimed at preventing the spread of Covid-19 has resulted in households which were just making ends meet now struggling to pay their bills.

"Lower interest rates and payment holidays may have provided some short-term relief, but the economic slowdown, business closures, redundancies, salary cuts, reduced or no year-end bonuses and the steady erosion of real net income considerably outweighs this."

In 2021, enquiries to DebtBusters about getting assistance with debt are up by 40% compared to the same period last year.

"While this illustrates how difficult circumstances have become for many South African households, it's positive that a lot more people are seeking help. That's one of the things that National Debt Awareness Month is trying to achieve."

He says that South Africa has an effective, well-regulated, world-class debt counselling sector and points to the 40% per annum increase over the past four years of people successfully completing the process. In January this year DebtBusters alone provided clearance certificates to clients who had a combined R142 million worth of debt when they started debt counselling.

The interest rate reductions during 2020 have benefitted people who successfully applied for debt counselling. The lower rates enabled debt counsellors to negotiate reductions of over 90% on interest rates for unsecured debt, from an average of 21% to ~1.2%. Such a reduction in interest rates provides substantial savings for consumers, which is a big benefit of debt counselling.

Sager says that another positive trend is that more men are becoming pro-active about their debt. Fifty-five percent of new applicants in Q4 2020 were male.

"In a society where men often avoid talking about debt, are too embarrassed to ask for help or fear being stigmatised, this is good news. After all, if you're struggling with debt, getting help is the responsible thing to do."

(Media Release by DebtBusters)